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Tuesday, April 2, 2019 metro.us | t: MetroNewYork | f: MetroNew

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DELICATE QUESTION

The question of citizenship being added to the 2020 census will be ruled on by the Supreme Court in June, but President Trump let his feelings be known via Twitter on Monday. 4

PHOTO ILLUSTRATION ISTOCK

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Giancarlo Stanton lands on IL with biceps issue. 19

4 THINGS TO KNOW

Iconic Stones singer Jagger to undergo heart surgery

The band's North American tour has been postponed.

Rolling Stones frontman Mick Jagger will undergo heart surgery this week following the postponement of the band's North American tour for medical reasons, according to a published report.

The U.S. website Drudge Report, citing unidentified sources, said Jagger, 75, would undergo surgery this week in New York to replace a heart valve. New York Post's Page Six website, citing unidentified sources, said the surgery would involve placing a stent in the singer's heart.

Representatives for Jagger in the United States did not return requests for comment. A spokesman for the British band in London declined to comment on the Drudge Report article.

The band on Saturday announced it was postponing all dates on its tour of the United States and Canada to give Jagger time to receive medical treatment. It did not specify what treatment Jagger needed but said he is expected to make a full recovery.

The North American tour had been scheduled to run from April 20 until June 29.

Jagger was photographed on Sunday in Miami Beach, Florida, on the beach with his current girlfriend, ballet dancer Melanie Hamrick, their young son, and daughter Georgia May, one of his seven adult children.

The British singer has not explained his medical issue but told fans in a tweet on Saturday that he would be "working very hard to be back on stage as soon as I can."

After a storied sex, drugs and rock-'n-roll lifestyle in his earlier days, Jagger now follows a healthy diet, runs and works out frequently.

Stents are typically used to prop open arteries that have been cleared of a blockage. REUTERS

ALL IMAGES REUTERS

NYPD targets domestic violence in its ranks

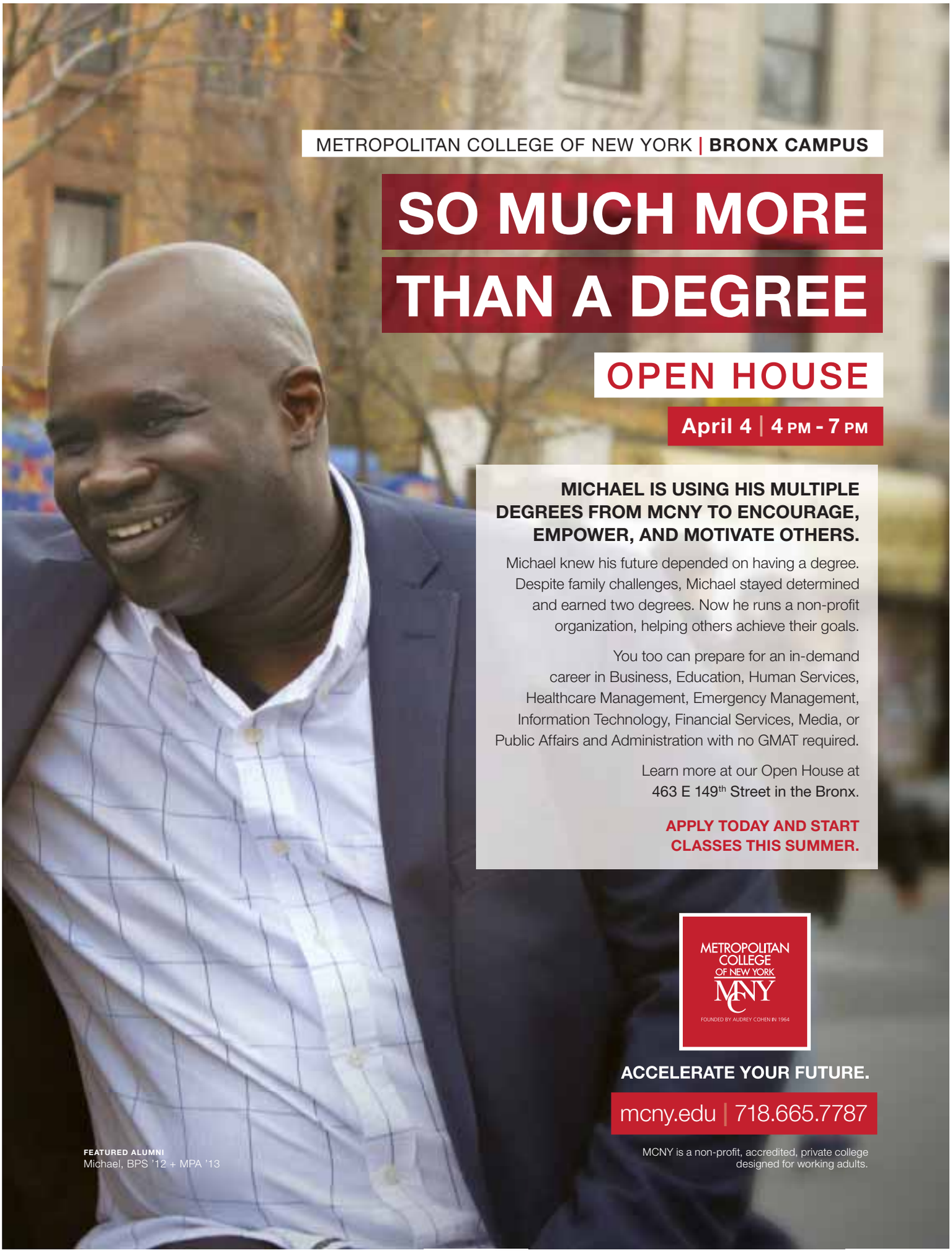
2 The NYPD is strengthening penalties for officers who commit domestic violence, including termination for repeat offenders. The department also announced Monday that it's pushing lawmakers to reform a state law that keeps personnel records secret and has started posting disciplinary trial calendars online. The reforms are part of a series of recommendations a panel of criminal-justice professionals made in February to increase transparency and accountability in the NYPD's disciplinary process. Police Commissioner James O'Neill said the department accepts all of the recommendations and will continue to work on implementing them. First-time offenders will have a year to show they've committed to rehabilitation through counseling and monthly evaluations. A second offense or criminal conviction will lead to termination in most cases. ASSOCIATED PRESS

Magician Blaine subject of sexual-assault probe

3 New York City police say they're investigating sexual assault allegations against magician David Blaine. Chief of Detectives Dermot Shea confirmed Monday at an unrelated news conference that Blaine is under investigation. He declined to discuss any details. He was responding to a report by the Daily Beast website that the New York Police Department had taken statements from two women accusing Blaine of sexual assault. The report said one of the allegations may fall outside the statute of limitations because it goes back to 1998. The 45-year-old Blaine is known for stunts like being buried underground for seven days without food or water. He also stayed in a plexiglass case suspended 30 feet (9 meters) in the air for 40 days. Phone and email messages requesting comment were sent to his lawyer on Monday. ASSOCIATED PRESS

Border shutdown would hit American palates

4 President Donald Trump's threat to shut down the U.S.-Mexico border would hit American consumers — in the gut. From the avocados on avocado toast, to the limes and tequila in margaritas, the United States is heavily reliant on Mexican imports of fruit, vegetables and alcohol to meet consumer demand. Nearly half of all imported U.S. vegetables and 40 percent of imported fruit are grown in Mexico, according to the latest data from the United States Department of Agriculture. Americans would run out of avocados in three weeks if imports from Mexico were stopped, said Steve Barnard, president and chief executive of Mission Produce, the largest distributor and grower of avocados in the world. "You couldn't pick a worse time of year because Mexico supplies virtually 100 percent of the avocados in the U.S. right now." REUTERS



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Trump: United States census would be ‘meaningless’ without citizenship question

The census is required every 10 years by the Constitution.

U.S. Census Bureau holds briefing on 2020 census status. GETTY IMAGES

President Donald Trump on Monday injected himself into one of the most consequential cases of the current Supreme Court term, saying the nation’s 2020 census would be “meaningless” without adding a citizenship question to the questionnaire.

The comment on Twitter came ahead of an expected Supreme Court ruling by the end of June on whether Commerce Secretary Wilbur Ross’ decision to add the citizenship question violated federal law.

“Can you believe that the Radical Left Democrats want to do our new and very important Census Report without the all important Citizenship Question,” Trump tweeted. “Report would be meaningless and a waste of the $Billions [ridiculous] that it costs to put together!”

Trump’s critics have accused the White House of encouraging an undercount by dissuading Hispanics and other immigrants from participating in the census, disproportionately affecting Democratic-leaning states and municipalities.

Many states, cities and civil rights groups have gone to court over the citizenship question, which is among a series of White House policies signaling tighter control over immigration.

These include Trump’s declaration in February of a national emergency to obtain funds for a wall on the U.S.-Mexico border, and his threat to close the border as soon as this week, disrupting legal crossings as well as trade.

The U.S. Constitution requires a census counting the number of residents every 10 years.

Results are used to draw political boundaries, allocate seats in Congress and at the state and local level, and distribute roughly $800 billion of federal funds.

“The census is the administration’s new front on its war on immigration and, sadly, the president’s tweet today bears out that concern,” said Terri Ann Lowenthal, a former staff director on the House census oversight committee who now advises groups seeking an accurate 2020 count.

When Ross announced the addition of a citizenship question in March 2018, he said it was in response to a Department of Justice request for data to help enforce the Voting Rights Act, which protects eligible voters from discrimination.

Only U.S. citizens can vote in federal elections. Non-citizens comprise about 7 percent of the 328.7 million people living in the United States. Census questionnaires have not included a citizenship question since 1950.

The Supreme Court is reviewing a Jan. 15 ruling by U.S. District Judge Jesse Furman in Manhattan that Ross broke a “veritable smorgasbord” of federal rules by adding the question, a decision he called “arbitrary and capricious.”

Furman also said the Voting Rights Act was a “pretextual” rationale for adding the question, a decision that Ross had “already made for other reasons.”

The judge said the change would cause many states to lose federal funding, while Arizona, California, Florida, Illinois, New York and Texas would lose congressional seats. REUTERS

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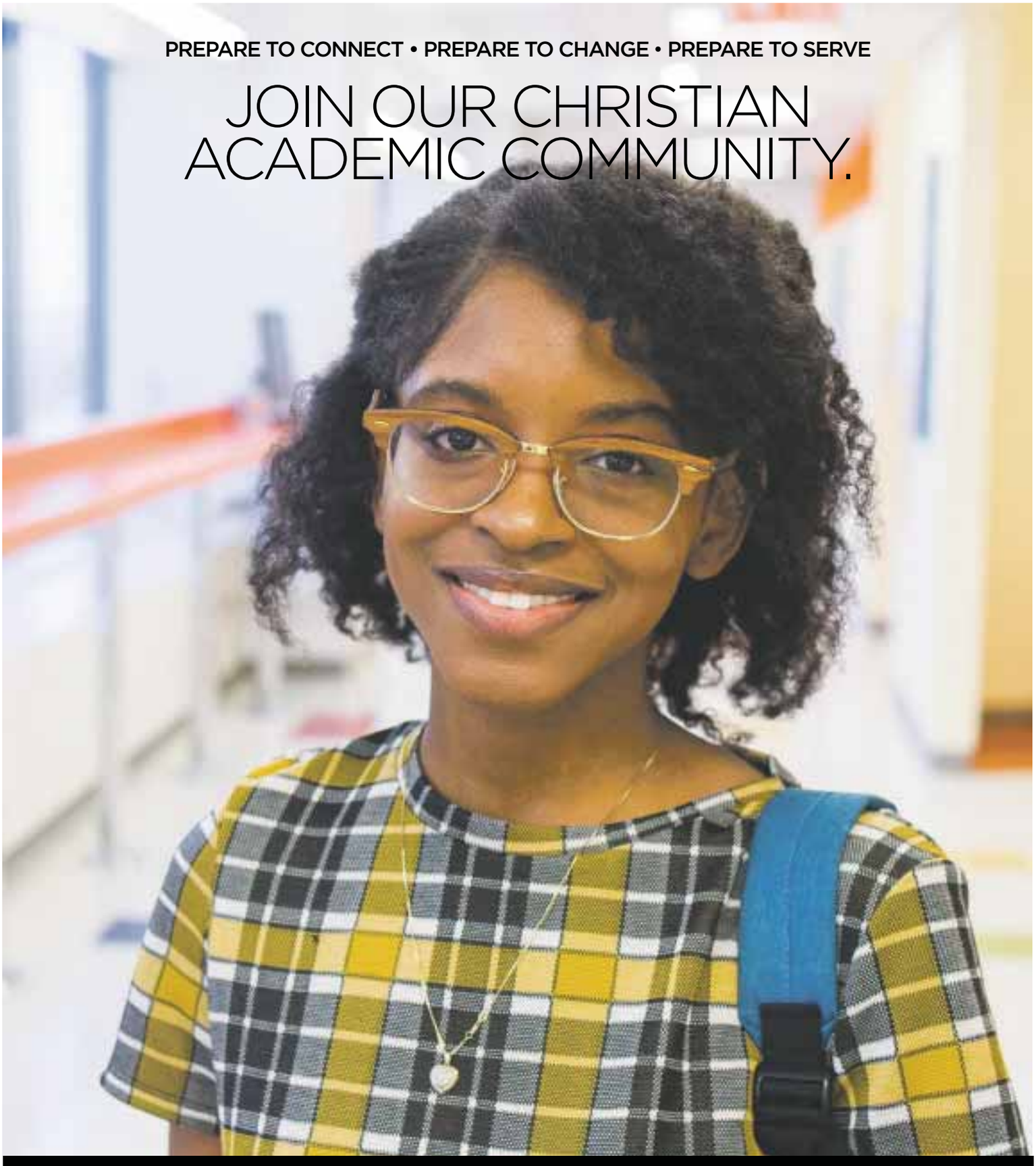

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Michael Avenatti makes first appearance in California embezzlement, fraud case

The attorney faced a detention hearing on charges of misusing client funds.

Attorney Michael Avenatti arrived at U.S. District Court in Santa Ana, California, on Monday for an initial appearance on fraud and embezzlement charges. He said nothing to reporters.

Best known for representing porn star Stormy Daniels in her legal battles with U.S. President Donald Trump, Avenatti, 48, was expected to face a detention hearing on charges of misusing a client's monetary court settlement.

He is charged in a separate U.S. District Court indictment in New York with what prosecutors said was an attempt to "shake down" Nike Inc. for more than $20 million.

He was released on $300,000 bond in the New York case and has repeatedly proclaimed his innocence of all charges.

Avenatti became a public figure and frequent cable TV guest while representing Daniels, whose real name is Stephanie Clifford, in a lawsuit against Trump over a nondisclosure agreement that in the weeks before the 2016 U.S. presidential election kept her from discussing a 2006 sexual relationship she said they had.

Avenatti also became involved in the investigation of sexual-abuse charges against R&B singer R. Kelly after giving the Chicago State's Attorney's office what he said was a tape of the performer having sex with an underage girl.

Federal charging documents in Santa Ana accuse Avenatti of using his client's $1.6 million settlement for his own purposes, including paying $216,000 to Neiman Marcus, $68,500 at a luxury watch store, almost half a million dollars to pay a home mortgage, and thousands of dollars for a Porsche.

The charges also accuse him of fraudulently obtaining $4 million in bank loans from a Mississippi bank.

Avenatti faces up to 30 years in prison on the most serious charge in California and up to 20 years for the top charge in New York.

In New York, prosecutors said Avenatti and a co-conspirator, whom they did not name, met Nike's attorneys on March 19 and told them they represented a former college basketball coach with information about Nike's involvement in a scheme to bribe high school basketball players.

They threatened to go public unless Nike hired Avenatti to conduct an internal investigation for $15 million to $25 million, and paid an additional $1.5 million to the client, according to prosecutors.

Avenatti also offered to accept a $22.5 million payment for his silence, prosecutors said. REUTERS

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NYU Langone Health

FREE PUBLIC HEALTH EVENTS

April 2019

Menopause, Insulin Resistance, and Weight Gain
April 9, 6 to 7:00 pm
207 East 84th Street, 3rd Floor
Hosted by the Joan H. Tisch Center for Women's Health
RSVP: cwh@nyulangone.org

Inflammation and Your Heart Health
April 11, 6 to 7:00 pm
550 First Avenue, Alumni Hall B
Hosted by our Center for the Prevention of Cardiovascular Disease
RSVP: cvdprevention@nyulangone.org or call 646-501-2190

Co-sleeping: When Your Child is Your Roommate
April 11, 6:30 to 7:30 pm
One Park Avenue, 7th Floor
Hosted by our Child Study Center
RSVP: nyulangone.org/cscworkshops

Voice and Style Across Genre: Vocal Health from Broadway to Opera and Back
April 16, 11 am to 12 pm
Opera America, 330 Seventh Avenue
Hosted by our Voice Center
RSVP: voicecenter@med.nyu.edu

Aging-in-Place: How to Stay Safe as you Age in Your Home
April 17, 5:30 to 7:30 pm
240 East 38th Street, 11th Floor, Conference Room
Hosted by Rusk Rehabilitation
RSVP: ruskrsvp@nyulangone.org or call 646-501-7721

Living With IBD
April 17, 5:30-7:30 pm
550 First Avenue, Alumni Hall B
Hosted by our IBD Center
RSVP: gastroevents@nyulangone.org

Webinar: Cannabidiol and Alternative Treatments for Autism
April 30, 1 to 1:30 pm
Hosted by our Child Study Center
To participate: nyulangone.org/cscwebinars

Perlmutter Cancer Center

Oral Cancer: A Window to Your Overall Health
April 4, 12 to 1:30 pm
760 Broadway, 10th Floor Solarium, Brooklyn, NY

Head and Neck Cancer Screening
April 11, 5 to 7:30 pm
160 East 34th Street, 11th Floor, Room 1121

Integrative Health Approaches and Cancer Survivorship
April 16, 6 to 7:00 pm
160 East 34th Street, 11th Floor, Room 1121

Skin Cancer Protection and Treatment
April 18, 11 am to 1:00 pm
550 First Avenue, Farkas Auditorium

Is Radiation Therapy the Right Treatment Option for Me?
April 30, 5:30 to 6:30 pm
160 East 34th Street, 11th Floor, Room 1121

RSVP: nyulangone.org/cancerrsvp, email cancerevents@nyulangone.org, or call 212-263-2266

An Open Letter to Mayor de Blasio From Your Jewish Constituents

Dear Mayor de Blasio,

Your recent statements about Israel and about antisemitism at AIPAC and, before that, in NYC on Feb. 14th, are extremely troubling and damaging.

Just some of your remarks:

At AIPAC: *"That reinforces my commitment to the survival and the security of the State of Israel. Because the Jewish people cannot be safe without the state of Israel…. Israel at its core is there to shelter an oppressed people."* In your attack on BDS, you said it is: *"contrary to the progressive imperative to protect all oppressed people everywhere and always" and "affronts the idea of Israel as a guaranteed refuge for the Jewish people."*

On Feb 14th, while addressing a rally in NYC about combatting antisemitism, you said: *"Democrats and Republicans with equal fervor need to say – Israel must exist so the Jewish people know they are always protected."* And you added: *Maybe some people don't realize it, but when they support the BDS movement, they are affronting the right of Israel to exist and that is unacceptable."*

You speak about Israel providing Jewish safety. Standing up for Israeli apartheid, as you have repeatedly done, does not promote safety. Quite the contrary. Our notion of safety is a city and a world in which all people feel and are safe. Yes, that means safety through solidarity with one another. That means safety by opposing all forms of injustice, which very much includes the injustice of occupation and the denial of a people's right to live freely in their homes and their land.

Further, making blatantly false accusations of antisemitism, as you have done, toward those supporting Palestinian rights through Boycott, Divestment, and Sanctions (BDS)—which is a call made until Israel complies with basic principles of human rights and international law – does not promote safety for anyone – not for Palestinians, not for Jews, not for anyone. Those false accusations also do a grave disservice to the real struggle to challenge actual antisemitism when it occurs, and to the rise of white nationalist antisemitism (and Islamophobia and anti-Black racism), which is what we should be paying attention to.

In all your remarks, your lack of recognition of the *Nakba* (catastrophe in Arabic) of 1948, which refers to the expulsion of 750,000 Palestinians from their homes and land during the creation of Israel, reveals a gross disregard for the rights and well-being of the Palestinian people. That is also true about your lack of recognition (and denial) of the ongoing *Nakba* that Palestinians endure at the hands of a brutal Israeli government that disregards their basic civil and human rights.

As you know, a NYC council member just made an unconscionable statement on twitter that "Palestine doesn't exist…. Also, Congresswoman Omar is an anti-Semite." It is your responsibility as Mayor to ensure that this kind of racist rhetoric is not permitted, and part of that means, through your own words and actions, you have to set a very different tone and leadership than you have done until now.

We do not know whom you think you are representing by your remarks, but please know you do not – do not – speak in the name of thousands upon thousands of Jews like ourselves whose notion of Jewish safety is inseparable from the safety of all our communities from NYC to Palestine.

We call upon you to think about, and to take action to ensure, the well-being of all our communities.

Signatories (list in formation)

Dorothy M. Zellner
Gail Miller
Carol Horowitz
Donna Nevel
Jane Hirschmann
Alan Levine
Sherry Gorelick
Helaine Meisler
Elly Bulkin
Nic Abramson
Leslie Cagan
Hannah Mermelstein
Rosalind Petchesky
Ira Glasser
Richard Levy
Michael S. Smith
Jenny Heinz
Deborah Sagner
Nina Felshin
Linda Gordon
Sarah Sills
Marjorie Fine
James Schamus
Rebecca Vilkomerson
Judith Solomon
Kathleen Peratis
Michael Letwin
Emmaia Gelman
Anita Altman
Elena Stein
Shaina Low
Terry Weber
Richard Blum
Jay Schaffner
Talia Baurer
Ellen Gurzinsky
Michael L Spiegel
Nora Eisenberg
Michael Glick
Daniel Strum
Tami Gold
Renate Bridenthal
Wendy Scribner
Robert Greenberg
Alan Barnes
Rosza Daniel Lang/Levitsky
Alice Sturm Sutter
Ann Cook
Jeremy Pikser
Luise Eichenbaum
Dave Lippman
Rasha Hamid
Ethan Young
Allison Brown
Linda J. Arkin
Carol Bloom
Laura Kogel
Nina Mehta
Ari Wohlfeiler
Blanche Wiesen Cook
Gayle Kirshenbaum
Mindy Gershon
Karen Smith
Thelma Markowitz
Mike Stein

GETTY IMAGES

LA cops seek motive in shooting death of rapper Nipsey Hussle

Hussle, 33, was shot and killed outside his clothing store.

Grammy-nominated rapper Nipsey Hussle was shot and killed outside his clothing store in South Los Angeles on Sunday.

"You were having the best run and I was so happy watching from [a] distance."
Drake, on Instagram

Two other people were wounded in the shooting outside Marathon Clothing, the Los Angeles Times reported, citing law enforcement sources.

According to the newspaper, Hussle, 33, was shot multiple times and rushed to a hospital, where he was pronounced dead.

His death sent shockwaves through the U.S. entertainment world, with celebrities posting memories of the musician on social media.

"This doesn't make any sense!" the singer Rihanna wrote on Twitter. "My spirit is shaken by this!"

The performer and producer Pharrell Williams wrote on Twitter that Hussle was a "positive" force who "inspired millions."

The musician Drake said he and Hussle had talked about recording a song later in the year. "You were having the best run and I was so happy watching from [a] distance," Drake wrote in a message on Instagram.

The Los Angeles Police Department said in a statement that a shooting was reported at about 3:20 p.m. PDT in the area of Slauson Avenue and Crenshaw Boulevard, and that three victims were transported to a hospital where one was pronounced dead.

A police department dispatcher declined to confirm the identity of the victims and a spokesman did not respond to questions.

Hussle, whose real name was Ermias Asghedom, grew up in South Los Angeles and often talked about being in a street gang during his teenage years. He had since become a community organizer, according to media reports.

His debut studio album "Victory Lap" was nominated for Best Rap Album at this year's Grammy Awards. REUTERS

Rapper Nipsey Hussle performing. REUTERS

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Why Aren't Doctors Telling Knee Arthritis Sufferers About These Two Often Successful Treatments?

Two Advanced Medical Treatments Every Knee Arthritis Sufferer Needs To Know - Before Or After Knee Replacement Surgery

NYC -If you suffer with knee arthritis pan, you have probably already tried *many* treatments... especially countless pain medications. With minimal or no results

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis *a lot of knee arthritis sufferers have never heard of.*

Before we get into the two treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated thousands of knee arthritis sufferers. Patients travel from all over the tai-state to be treated at one of their clinics because they want the best medical treatments available.

What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or on the internet.

Know this fact: <u>There is no cure for arthritis.</u> But there are *these* two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

#1 Viscosupplementation

Here's what you need to know about viscosupplementation - the good and the bad....

When you have arthritis, you suffer a decrease in the lubrication fluids in your knee. In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid."

Pharmaceutical companies (with the help of scientists) can now make synovial fluid-like compounds that... during viscosupplementaiton treatments... doctors precisely inject directly into the knee joint.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the procedure is slightly off, the formula will not get into the knee joint and the treatment will not work.

That's why the experts at ***NYC Pain MD*** use advanced digital imaging so they visually guide the injection accurately into the knee joint during the treatment.

Research shows that performing joint injections without imaging miss the joint as much as 30% of the time.

If you have had prior viscosupplementation without this special digital imaging without good results - this may be the exact reason why.

That's why NYC Pain MD even takes it one step further. They do not just use one form of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation "medicines" also come in several different formulas.

Just like all medications, some people respond better to one than another. While many doctors only use one formula, the experts at NYC Pain MD use several and great effort is taken to figure out what the best one is for you.

What Should You Do If Viscosupplementation Fails?

#2 Radiofrequency Neurotomy

This treatment is called, "Radiofrequncy Neurotomy." RF for short

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

Several branches of nerves that surround the knee are known as "Genicular nerves."

Radiofrequncy waves are delivered to the Genicular nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, Genicular Neurotomy (GRF) is performed for long term relief.

Is It Safe?

Research has shown this procedure to be safe and effective.

One study published November 4, 2010 in the journal *Pain* found that RF treated subjects on average "achieved at least 50% knee pain relief at 1, 4 and 12 weeks, respectively. No patient reported a post-procedure adverse event during the follow-up period. RF neurotomy of Genicular nerves leads to significant pain reduction and functional improvement in a subset of elderly chronic knee OA pain, and thus may be an effective treatment in such cases."

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication, physical rehab or viscosupplementation do not offer good enough results.

RF may be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.

<u>But - RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.</u>

The pain after a failed knee replacement surgery can be debilitating and this procedure may be the only thing that helps and give you after surgery relief.

Advanced Imaging Allows Doctors To Pin-Point Treatments And Relieve Knee Arthritis Pain

Advanced imaging allows doctors to successfully inject special lubricating gel directly into knee joint relieving pain
Standard treatment. Knee injection done without advanced imaging misses joint completely

Science rescues knee arthritis sufferers? Research shows joint injections done without advanced imaging misses the joint about 30% of the time. Now doctors can put lubricating fluid directly into the arthritis joint that may alleviate pain and restore function to many.

What To Do Next If You Are In Pain

NYC Pain MD offers a limited number of complimentary knee arthritis t screenings every month. These screenings are a way for knee arthritis sufferers to get their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at ***NYC Pain MD.*** If you would like to schedule a screening, just call 877-380-8537.

The screenings fill up fast every month. This screening is no cost and there absolutely no obligation.

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Alcohol, caffeine are common triggers of irregular heart rhythm

Atrial fibrillation, or AFib, is caused by 11 possible triggers including lack of sleep, high-sodium diet and exercise.

REUTERS

The most common triggers of atrial fibrillation — an irregular heart rhythm that's a leading cause of stroke — are avoidable behaviors like drinking alcohol or coffee, a recent study suggests.

People don't realize when they're experiencing atrial fibrillation, or AFib, but some feel unpleasant chest palpitations or a racing, irregular heartbeat.

Some patients have AFib 24 hours a day. In others, the irregular heartbeat is "paroxysmal"; that is, it comes and goes. For the current study, reported in the journal Heart Rhythm, researchers surveyed 1,295 patients with symptomatic paroxysmal AFib and found the most common behaviors that triggered episodes of the arrhythmia were alcohol consumption, caffeine consumption and exercise.

The survey asked about 11 possible triggers: alcohol, caffeine, lack of sleep, exercise, not exercising, consuming cold beverages and cold foods, high-sodium diet, consuming large meals, dehydration, and lying on one's left side.

About three-fourths of patients said at least one of those behaviors triggered AFib some or all of the time.

Alcohol consumption was cited by 35 percent, followed by coffee drinking (28 percent), exercise (23 percent) and lack of sleep (21 percent).

Researchers said it's possible the behaviors don't actually trigger the episodes but instead make the symptoms worse. REUTERS

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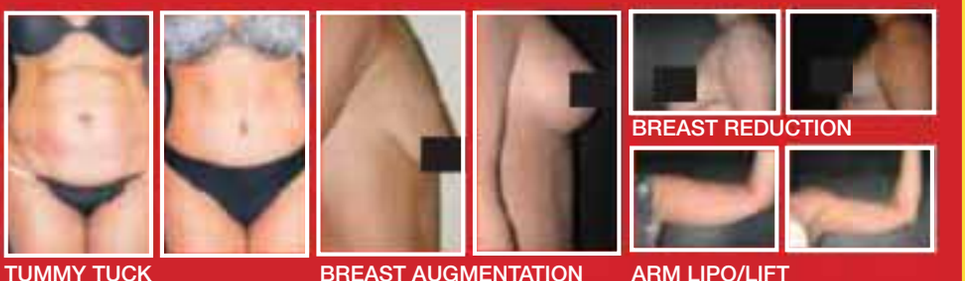

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New Apple card is generous, but only through Apple Pay

NerdWallet is a personal finance website.

Apple is rolling out a new credit card that features ample cash-back rewards if used through Apple Pay — but mundane rewards otherwise.

The $0-annual-fee Apple Card, issued by Goldman Sachs and operating on the Mastercard network, is slated to launch in Summer 2019. It is both a virtual card that lives in Apple devices and a sleek physical card made of titanium.

Apple, which made the announcement among a slew of other intriguing ones on March 25, said the card is "designed to help customers lead a healthier financial life."

Apple Card: Basics and key features

Rewards
The Apple Card will earn cash back at the following rates:

When used with Apple Pay: 3 percent back on purchases made directly with Apple (including Apple stores, within the App Store and for Apple services) and 2 percent back on all other purchases made through Apple Pay.

When used with the physical card: 1 percent back on all purchases.

The 2 percent cash-back rate is competitive — it matches the rate on Citi's popular cash-back card, for example — but you get that rate only on purchases through Apple Pay. Many merchants are not set up to accept Apple Pay.

The 1 percent rate on purchases made outside of Apple Pay is nothing special. A whole range of cards offer cash-back rewards of 1.5 percent or better on all purchases.

Cash back will be credited daily to customers' Apple Cash card within their phones. This "Daily Cash" can be used for purchases via Apple Pay, to pay down the card balance or to send to friends and family in Apple's texting program, Messages.

APPLE

Fees
The card charges no annual fee, late fees or foreign transaction fees.

Virtual and physical cards
The virtual Apple Card is built into the Apple Wallet app on iPhone.

The physical card will be made of titanium. It will have no card number, CVV security code, expiration date or signature, which Apple said makes it more secure.

Apple did not address how or whether the card could be applied for — or used — by non-Apple customers.

Personal finance tools
Many card issuers offer personal finance tools, and Apple will, too. The goal is to give customers a "better understanding of their spending so they can make smarter choices with their money," said Jennifer Bailey, Apple's vice president of Apple Pay.

Tools include real-time views of your latest transactions and the account balance located in the Wallet app. Like many banking apps, it will categorize spending so you can evaluate it.

It will calculate the interest cost on different payment amounts and suggest paying more every month to lower interest charges.

Privacy and security
Apple said purchases are secure because they must be authorized with Face ID or Touch ID and a "one-time unique dynamic security code." Apple won't know where a customer shopped, what they purchased or how much they spent, it said.

Customer support is provided by text message.

What we don't know yet
No sign-up bonus was announced, nor was a specific APR for balances carried month to month.

The company said only: "Apple Card's goal is to provide interest rates that are among the lowest in the industry." If customers miss a payment, they will not be charged a penalty rate, the company said.

How to get it
Once it's released this summer, customers can sign up for Apple Card in the Wallet app on their iPhone and start using it with Apple Pay right away in stores, in apps or online, Apple said. It did not give a time frame for receiving a physical card.

Apple already has a co-branded credit card issued through Barclays, the Barclaycard Visa® with Apple Rewards. It's unclear what will happen to it when Apple Card is released.

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the GRUMBLE

ISTOCK

sudoku

MEDIUM

	4		5	7		3		
	5					2	6	
8		3		6				9
		2		8		7		
			2		1			
		9		3		8		
2				1		6		5
	9	7					8	
		5		2	3		4	

HARD

4	7	2				8	5	1
			2		8	4	7	
							9	
	1			4	3		8	
	6		8	7			1	
	3							
	4	1	6		7			
5	8	6				9	4	7

#metrohumble

Kaylee the Khaleesi. First of her name. The Untired. Queen of the Sofa and the Great Grass of the Backyard. Breaker of shoes and Mother of stuffed animals.

She sits and knows things.

— **Melody O**, *Metro US reader*

Please remember to send your Humbles to **humble@metro.us**. These submissions can be acts of gratitude, positivity or kindness that you have seen throughout the day.

PROVIDED

metro.us/horoscopes

Aries Mull over the possibilities, and eliminate what doesn't interest you. Stay focused on what's important and what will bring you the most joy. Be secretive about personal matters.

Taurus Hard work will pay off. Rely on yourself, not on someone offering the impossible. Make choices based on what's practical and what will bring the most satisfaction.

Gemini Take a deep breath before you engage in something you'll regret. Arguing won't lead to gains, but taking charge and looking out for your best interest will.

Cancer Communicate, share and get things done. Relationships will improve if you are open and honest about your expectations. A positive change is heading your way.

Leo Participate in events that broaden your outlook and encourage you to contribute to your community. Helping others will lead to an interesting connection or proposal. Pay attention to detail.

Virgo Question anything that appears to be suspicious. Expect someone to exaggerate. Set ground rules and don't put up with interference. Keep the peace and walk away from chaos.

Libra Take your time and work on personal improvements. If someone pressures you, ulterior motives are probably present. Avoid someone meddling in your affairs by keeping your plans to yourself.

Scorpio A change will rejuvenate you. Consider what you'd like to be doing, and look into the possibilities. Use your skill in a unique way to discover a hidden talent.

Sagittarius Emotional difficulties will set in if you let someone push you into something you shouldn't be doing. Be blunt and say no to manipulative people and dubious situations.

Capricorn Return to something or someone that has been good for you or good to you in the past. You can revive a plan that helps you move forward.

Aquarius Be skeptical of anyone pushing you to get involved in something risky. You are best off doing your own thing and sticking to a budget you can afford.

Pisces Choose your battles wisely. You are better off taking care of your personal affairs yourself and letting others do the same. Good relationships will depend on honesty and equality. EUGENIA LAST

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Couture making his voice heard in MMA

The MMA legend is now the Professional Fighters League's play-by-play broadcaster.

JEFF TOMKO
jeff.tomko@metro.us

Randy Couture will forever be one of the all-time faces of MMA, and now as the full-time voice for Professional Fighters League, or PFL, "The Natural" is hoping he can find the next combat superstar to pass the torch when the league begins next month.

Call it a case of MMA overload, but so far, even Couture admits it's been a slight challenge to determine the face of the new wave of MMA fighters, even after it's been eight years since he last entered the Octagon.

It's also nearing two decades since his first UFC battle with Chuck Liddell helped shift mixed martial arts from niche sport to one of the most popular sports in the U.S.

"It's hard to come up with one or two names," Couture says. "I'll admit [MMA's] a little watered down. There are a lot of leagues out there, and it's hard [for fans] to keep up with all the fighters, especially when there's a different event a few times each weekend."

The PFL, unique to other MMA organizations, conducts a six-week "league schedule" like pro sports teams.

Weeks 1-3 will be held at Long Island's NYCB Live (tickets are already on sale at ticketmaster.com) and the next three weeks in Atlantic City, capped with a $1 million winner-take-all championship for all six weight classes on New Year's Eve in New York City.

Another big boost for the PFL this season is that it will be televised on ESPN beginning with its May 9 fight card.

Couture, however, hopes the PFL's blend of up-and-coming fighters and seasoned veterans will keep fans watching. Two to look out for are a pair Long Island natives and 2018 PFL semifinalists.

Lightweight Chris Wade, who lost to eventual champion Natan Schulte (who will also be returning in 2019), and featherweight Andre Harrison, the 2017 champion (when it was the World Series of Fighting) who was 20-0 prior to his upset loss to eventual champion Lance Palmer, are faces to watch. "These are guys fans should have on their radar," Couture says.

Another name: 2012 and 2016 U.S. Olympic judo gold medalist Kayla Harrison, who will headline the PFL's women's lightweight division, a first this year. "It's amazing to have Kayla fighting with us in this tournament," Couture says. "Kayla's definitely a fighter worth watching."

Who you won't see making his PFL or MMA debut anytime soon is Chris Pratt, although if you follow the actor on social media you'll regularly see him sparring and posing with Couture at Los Angeles MMA hot spot Unbreakable Performance.

Social media went crazy this week after one of Unbreakable's founders, "NFL on Fox" star Jay Glazer, told TMZ that Pratt hits harder than the former UFC champion. Even with the verbal jabs, Couture says grappling with Pratt on the mats has been a fun experience

"It's been a lot of fun training with Chris," Couture, also a three-time All-America wrestler at Oklahoma State, says. "He's a tough dude who takes [wrestling] really seriously. And coming from a wrestling background [Pratt was a high school wrestler], I don't normally get to work with another wrestler. Hopefully Chris remembers that when he's casting his next movie.

Off the mat, Couture is also keeping busy in the weight room, staying in fighting shape for another battle on the big screen. Playing "Toll Road" in the "Expendables" franchise, Couture looks like the small guy on a set which features Hollywood heavyweights Sylvester Stallone, Arnold Schwarzenegger, Terry Crews and Jason Statham.

"I mostly do free weights now," Couture says. "Having to keep up with Sly [Stallone] on the set, I need all the strength I can get."

Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many treatments...* especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequncy Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

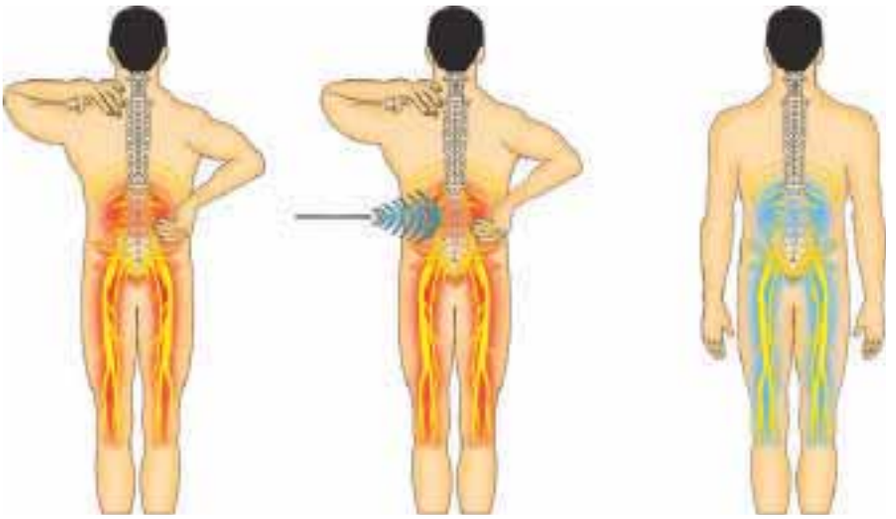
Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months… 12 months…. 18 months for some and some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgi-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in out in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at *NYC Pain MD*. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.

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Everything you need to know about the risks of having a stroke

Mount Sinai

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When "Riverdale" and "Beverly Hills, 90210" star Luke Perry died in March, people were shocked — not just because he was a teen heartthrob not so long ago, but at age 52, he seemed to be awfully young to suffer a massive stroke.

We talked to Dr. Carolyn Brockington, assistant professor, neurology at the Icahn School of Medicine at Mount Sinai Health System and director of the Stroke Center at Mount Sinai Hospital, about why strokes can occur at any age.

What is a stroke?
A stroke is an injury to the brain that results from an interruption of blood flow. If a blood vessel that carries nutrients and oxygen to the brain is blocked by plaque or a blood clot, an ischemic stroke may occur. If the blood vessel bursts or ruptures, a hemorrhagic (bleeding) stroke may develop.

How common are strokes in people under the age of 60?
Strokes can occur at any age, so everyone needs to know the signs and symptoms of a stroke. Approximately three-quarters of all strokes occur in people over the age of 65. In general, the risk of developing a stroke more than doubles each decade after the age of 55.

What are the warning signs of a stroke?
Since different parts of the brain control different bodily functions, the signs and symptoms of a stroke depend on the region of the brain affected by the interruption of blood flow. In general, the right side of the brain controls the left side of the body and the left side of the brain controls the right side of the body. If a blood vessel to the right side of the brain becomes blocked, the person may develop sudden (like flipping off a light switch) symptoms involving the left side of the body.

ISTOCK

What is an easy way to remember some of the most common symptoms of a stroke?
Think of the word FAST: "F" is for FACE. Ask the person to smile. Does one side of the face droop? "A" is for ARMS. Ask the person to raise both arms. Does one arm drift downward? "S" is for SPEECH. Ask the person to repeat a simple phrase. Is their speech slurred or strange? "T" is for TIME. If you observe any of the signs, call 911 immediately so you may be taken to the closest hospital (or designated stroke center).

Additional symptoms that may occur suddenly include: numbness (on one side of the body); confusion; trouble speaking or understanding speech; trouble seeing in one or both eyes; trouble walking; dizziness, loss of balance or coordination; and severe headache with no known cause.

What should you do if you or someone you know is experiencing signs and symptoms of a stroke?
Call 911 immediately to get rapid assistance so you may be taken to the closest hospital. In acute stroke treatment, we say "time is brain" — millions of brain cells die each minute a stroke is left untreated, which may result in permanent disability. The best clinical outcome occurs when a patient recognizes the symptoms of a stroke promptly and goes to the hospital right away.

What role do genetics play?
Family history of stroke is very important to share with your doctor. Genetics can play an important role in the development of some strokes in selected individuals. Informing your doctor about your family history is crucial to help devise a prevention strategy.

How is a stroke treated?
Stroke is considered an emergency and requires rapid evaluation and treatment. The type of stroke (ischemic or hemorrhagic) and duration of symptoms determines the type of treatment. The therapy may include a strong blood thinner given intravenously and/or removal of a blood clot from the blocked artery through a procedure. A series of tests are performed in the emergency department to identify the type of stroke and appropriate treatment. The most important fact to remember is "time is brain," since all of the treatments are time-dependent (can only be administered within a few hours of symptom onset).

What is a transient ischemic attack?
A TIA is sometimes called a ministroke, but actually stands for transient ischemic attack. TIAs occur when there is a temporary blockage of blood flow to the brain, but no permanent damage occurs. Individuals who have experienced a TIA may develop signs and symptoms of a stroke, but the symptoms go away. Since the symptoms resolve, some people may wonder if they should go the hospital. The answer is: absolutely yes. TIAs serve as a warning sign of a possible stroke in the near future. After the development of a TIA, there is an increased risk of having another TIA or stroke, especially within the first 48 hours.

How can I prevent a stroke?
The great news is, stroke is preventable! Up to 80 percent of strokes can be prevented through long-term healthy lifestyle changes. The key is to partner with your doctor to identify your own risk factors for stroke and control them appropriately. There are several medical conditions and personal habits associated with an increased risk of stroke, including high blood pressure (hypertension), diabetes mellitus, heart disease, smoking, physical inactivity and elevated cholesterol. The identification of stroke risk factors with appropriate long-term control can go a long way in preventing a stroke and promoting a happy and healthy brain.

SHEILA DOUGHERTY

Funny at any age

Showtime's "Funny Women of a Certain Age" is available now.

MOLLY GIVEN
Molly.Given@metro.us

Showtime's new comedy special "Funny Women of a Certain Age" features all female comics over the age of 50, which may seem unique, but that's the point. Carole Montgomery has been in the comedy game for decades and wanted a show that highlighted talent from women who truly deserve the spotlight. Montgomery is well aware of the stigma against women in comedy, especially women of a certain age. But the seasoned comedian is unafraid of showcasing those stigmas on stage; in fact, she thinks it's necessary. Montgomery hopes this stand-up show will go on for years, rotating a different cast of women who all deserve to be onstage no matter what age they are. Montgomery sat down with Metro to talk about the show, some high and low points in her career, and why the comedy world desperately needs a female makeover.

Where did the idea for "Funny Women of a Certain Age" come from?
Well, I was doing a podcast a couple of years ago with a bunch of my friends who were all women, I think all over 50. We spent the time laughing and having such a good time telling road stories and war stories, you know, from years ago. I was coming home on the subway and I remember thinking, I want to work with my friends and I want to have fun. I'm 60 years old, I don't need to work with a 20-year-old guy who just moved out from his mother's basement — I just want to work with my

friends. So I told my husband, we started talking about the idea and I thought, you know what? It's not even just the war stories and working with the friends. These are all great, funny, strong women who for whatever reason didn't get that big break or they're not world-famous. But they are still some of the best female comics you're ever gonna see. So what happened was, we got really lucky because we got to premiere at a small comedy festival called the Cinderblock Comedy Festival. And from there, someone at the festival said they work at the Kraine Theater on the Lower East Side and they thought their boss would love this. So that turned into a residency.

How did you choose the talented cast?
You know what, if only I could show you the list of people I had. A lot of it had to do with availability and who could do the show. What a lot of people forget, especially with people who are unknown, [is] they are just out there working all of the time. So there were people we approached and they couldn't do it because they had a private gig that night or they were doing a corporate show or working on a cruise ship and couldn't get flown out. Vanessa and Terry and Lyn are all old friends of mine, so that was a no-brainer. Luenell I love and we knew each other from years ago in California — I've always loved her. Then, of course, Fran Drescher is an icon. We wanted to have a big name and we were lucky enough to get her.

Do you believe there is still a stigma regarding female comedians today?
Absolutely. A lot of what the show is about involves these stories we tell about what it's like to be a woman involved in comedy. That's one of the things I'm really proud about: I wanted people to know that we have been doing this since back in the day. Now there's a lot of girls, which I'm thrilled about, but back when I started, if there were a dozen female comics working, there would always just be one woman on a show. It's changing a little bit and I'm hoping the show will have something to do with that because what's always fascinating about bookers is that they will always say, "Oh, we can't have two women on a show because they talk about the same thing." Which is like, really? Then you have male comics doing material about whatever — being married or being a dad — but that's okay. But for some reason, women couldn't possibly have different ideas.

Overall, what can people expect from the show?
Overall, this is a no-holds-barred point of view from people who have seen it all and done it all. That's the real takeaway from this. You're going to laugh. Even people who say they don't like female comics, you're going to laugh. If it's not one of us, it's another one of us. There is something for everyone in this special.

Montgomery created "Funny Women of a Certain Age." ALL PHOTOS GETTY

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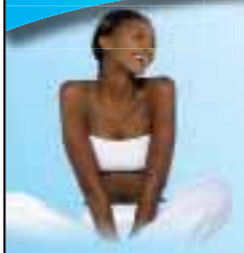

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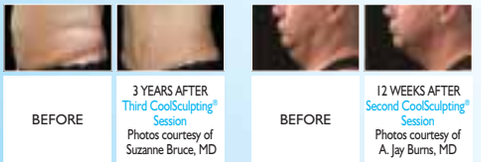

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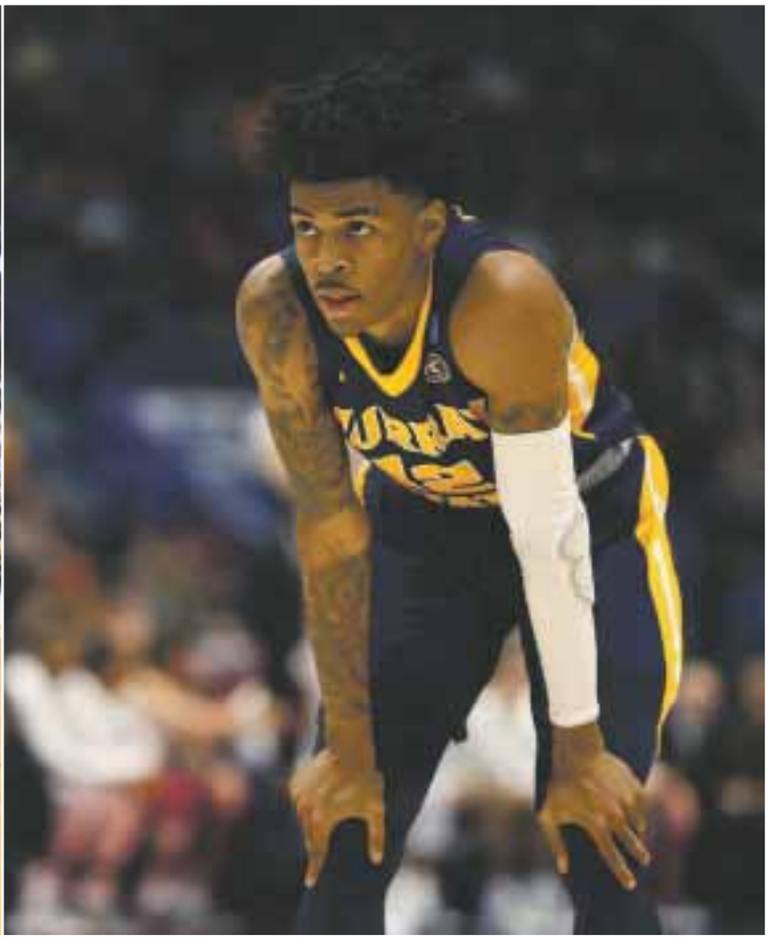

Zion Williamson (1), RJ Barrett (5) and Ja Morant (right) will be the top prospects in the 2019 NBA Draft. GETTY IMAGES

Knicks 2019 draft preview: Zion, Morant, Barrett

With the college careers of the top three college prospects now over, it's time for the Knicks to do their homework.

JOE PANTORNO
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With the Final Four officially set for next week, the NBA has seen the collegiate careers of most of its best prospects end.

Hopefully, those scouts have collected as much tape and info as possible because outside the combine, the next time pro teams will see these young stars in action will be in the Summer League, well after the draft takes place in June.

For the Knicks, there is a ton of stock being placed into those pesky ping-pong balls as the possibility of getting the No. 1 overall pick in the draft will provide some solace of putting up the worst season in franchise history.

As for the player selected, he will be immediately thrust into the spotlight as one of the key pieces of a Knicks rebuild that has seemingly lasted two decades now.

Luckily for him, some of that pressure should be alleviated if the Knicks can successfully spend big on the free-agent market this summer, which could yield the likes of Kevin Durant, Kyrie Irving or Kemba Walker.

With New York expected to nab a top three pick, here are three of the NCAA's top draft prospects who were recently bounced from the NCAA Tournament that could be considered by the Knicks:

ZION WILLIAMSON

PF, Duke, 6'7"
Projected Draft Pick: No. 1

Williamson has been tabbed as the top overall draft prospect in the class of 2019 since he was a sophomore in high school.

He certainly lived up to the hype during his lone season at Duke.

The 18-year-old often looked like a man amongst boys during his brief collegiate career, averaging 22.6 points, 8.9 rebounds, and 2.1 assists per game with the Blue Devils.

Williamson is built like a linebacker but has the athleticism to cut through opposing defenses like an elusive point guard. On top of that, his ability to jump out of the gym makes him a can't-miss prospect.

After that fateful shoe explosion and a brief stint on the injured list, Williamson returned to have a strong showing at the NCAA Tournament in which he averaged 26 points per game before Duke was ousted by Michigan State in the Elite Eight.

Williamson would give the Knicks a fixture at the power forward spot for at least the next 10 seasons and could flourish in a frontcourt with a big-name signing like Durant.

JA MORANT

PG, Murray State, 6'3"
Projected Draft Pick: No. 2

When it comes to elite talents playing at mid-major programs, there is always going to be a grain of salt that comes with their projections until they arrive and perform on a larger stage.

For Murray State's Ja Morant, the NCAA Tournament provided a coming-out party of sorts that guaranteed he could be something special in the NBA.

The Ohio Valley Conference Player of the Year led the Racers to a 28-5 record this season, a conference title, and a No. 12 seeding in the NCAA Tournament as he averaged 24.5 points and 10 assists per game.

He showed up at the Big Dance to average 22.5 points and 10 assists in two games, including an upset of Marquette in the first round where he recorded a monster double-double of 17 points and 16 helpers.

He dropped 28 in the second round against Florida State before his season came to end, but we all saw enough to confirm that Morant will be one of the top picks of the draft come June.

Morant has drawn comparisons to the likes of De'Aaron Fox and Kyrie Irving as a dynamic playmaker who can take over the scoring duties when called upon.

The Knicks' interest in Morant will depend on whether they want to move forward with Emmanuel Mudiay as the point guard of the future or if they want to make a serious run at Irving in free agency.

RJ BARRETT

SF, Duke, 6'7"
Projected Draft Pick: No. 3

For a majority of the 2018-19 season, the biggest debate was whether Barrett would be more deserving of the No. 1 pick over Williamson at the 2019 draft.

Barrett certainlwy made a strong case throughout the season as he showed that he could develop into a dependable talent on the wing in the NBA.

He has a decent three-point game that will need polishing, but it will just be one asset of a well-rounded game that features agile play that opens up the offense. Barrett can finish well at the rim and is no stranger to a physical brand of play.

He averaged 22.6 points, 7.6 rebounds and 4.3 assists per game in 38 games at Duke, including 20.3 points per game during the NCAA Tournament.

It doesn't mean he will be taken before Williamson, but he will undoubtedly be quite a consolation prize for teams that miss out on the No. 1 pick, including the Knicks.

Yankees place Stanton, Andujar on IL

Stanton, Andujar were sidelined on Monday as injuries keep piling up.

JOE PANTORNO
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The Yankees will be without Giancarlo Stanton after he suffered an injured biceps. GETTY IMAGES

The Yankees keep dropping like flies as they are now facing time without Giancarlo Stanton and Miguel Andujar.

Prior to their series opener on Monday against the Detroit Tigers, the Yankees placed the slugger Stanton on the 10-day injured list due to a strained left biceps.

Center fielder Clint Frazier was recalled from triple-A Scranton Wilkes-Barre in the corresponding move.

It is just the latest injury setback to a Yankees roster that is becoming decimated with health issues as they are now faced with nine players on the IL just three games into the season.

Among those sidelined are major parts of the 100-win from 2018, including center fielder Aaron Hicks and shortstop Didi Gregorius — both of whom accounted for 27 home runs last season — along with Luis Severino and Dellin Betances.

The extent of Stanton's injury had not been disclosed, nor had a timetable for a possible return.

Normally a DH, Stanton started the first three games of the season in left field to fill in for Brett Gardner, who shifted to center to hold things down while Hicks recovers. It also ensured that the Yankees could get Luke Voit's bat into the lineup every day.

It was an inauspicious start to the 2019 season for Stanton as he went 2-for-8 with seven walks during an opening series that saw the Yankees drop two of three games to the lowly Baltimore Orioles.

That's not the kind of return Yankees fans were looking for after last season ended with the bleacher creatures mercilessly booing Stanton off the field during the ALDS.

His absence will provide another chance for Frazier to get some playing time in the big leagues. Once one of the organization's top prospects, Frazier's development was derailed last season due to complications from his recovery from a concussion.

In 54 career games over the past two seasons, the 24-year-old is batting .238 with four home runs and 18 RBI.

He'll have to compete with backup outfielder Mike Tauchman, who made the team out of camp but had yet to record a plate appearance over the first three games of the season. Tauchman, 28, spent his first two MLB seasons with the Colorado Rockies, where he compiled a .153 average and just two RBI in 59 career at-bats.

The Yankees received more bad news later Monday evening as YES Network's Jack Curry reported that Miguel Andujar was headed to the injured list after hurting his shoulder during Sunday's loss to the Orioles.

Tyler Wade, who had a strong spring, was recalled in his place.

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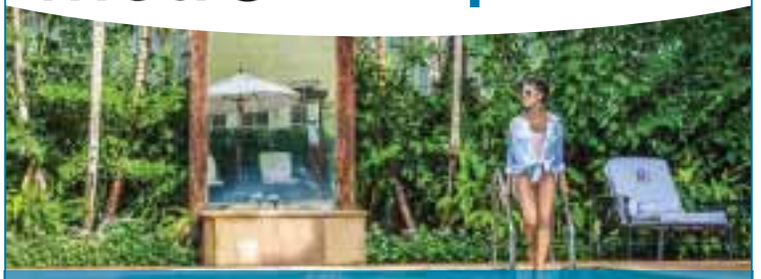

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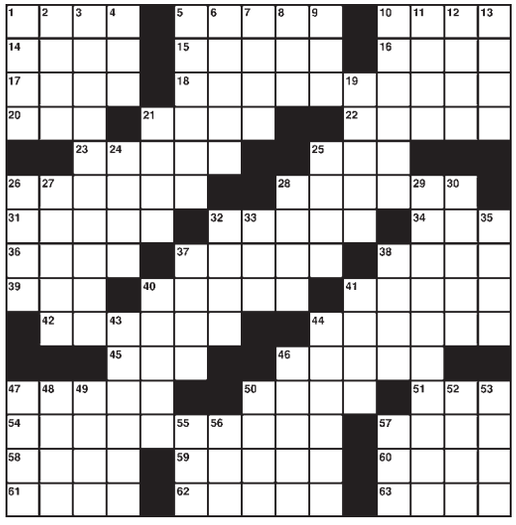

ACROSS

1 "Somewhere __ the rainbow..."
5 Evening coffee, perhaps
10 Wild feline
14 Tree dropping
15 Disintegrate
16 As strong as __
17 Writing table
18 Missile or archer's arrow, e.g.
20 __ on; watch from hiding
21 Plantar fasciitis site
22 Allergic disorder
23 Noise
25 "Gloria in excelsis __!"
26 Loathing
28 Fall, for one
31 Farmland units
32 Magnificent
34 Bertinelli, to friends
36 "__ Always a Woman"; Billy Joel song
37 Fleeting
38 Group of quail
39 TV's "__ Haw"
40 Nourishes
41 Less adorned
42 Like the sky on a clear night
44 Geometric figure
45 Musician's job
46 Walk through water
47 See eye to eye
50 Sheep's cries
51 Dirt bike or quad, for short
54 Damaging to another's reputation
57 Tried and __; reliable
58 Dad's sister
59 Dangerous beasts
60 Eras
61 Brooklyn team
62 Aerosol
63 Home in the branches

DOWN

1 Cutlass or Alero
2 Quayle or Pence, for short
3 On __; well-off & worry-free
4 Brother of JFK
5 Rely
6 Went astray
7 "Groovy!"
8 Part of speech: abbr.
9 Fixed charge
10 Outdoor socializing areas
11 Caltech or USC
12 Burrowing critter
13 Wood choppers
19 Dishonest one
21 Colors
24 Raw minerals
25 Unable to hear
26 Chopped meat concoction
27 Fibromyalgia symptoms
28 Candy store chain
29 Engage in price gouging
30 Everybody's button
32 Author Zane
33 Get __ of; shed
35 Stringed instrument
37 Dangerous ice mass
38 Behind __; incarcerated
40 Cooked in oil
41 Short life sketches
43 TV's "__ of S.H.I.E.L.D."
44 Elegant; stylish
46 Steam bath
47 As straight __ arrow
48 Adhesive
49 Angry speech
50 Ill-mannered lout
52 Part of every wk.
53 Waistcoat
55 Ernie with a club
56 __ off; steal from
57 Sunbather's reward

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L	O	N	E	R		H	A	L	E		V	A	N	E
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M	G	M		F	A	S			M	I	L	D	E	R
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P	A	R	I	S	H			S	T	R	E	A	M	
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4		5		1	8		2	
9				4		1	8	
1			5		7	6	3	4
								2
	6	3	8		1	5	4	
8								
3	2	8	1		9			6
	5	1		6				8
	4		7	8		2		1

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D	N	A	L	R	E	D	N	O	W
E	E	R	T	G	N	I	V	I	G
J	T	P	O	O	H	S	N	K	M
S	T	R	W	I	T	N	W	O	M
G	O	I	E	I	I	Z	S	O	O
N	L	N	R	E	L	O	Q	B	O
I	R	C	H	I	L	D	R	E	N
H	A	E	C	I	L	A	A	W	X
T	H	G	I	N	D	O	O	G	V
Y	C	Z	H	R	V	Z	U	G	S

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